

UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 48 (11/26/06 - 12/02/06) - Posted 12/06/06

UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

Influenza and other respiratory viruses are circulating in Utah at this point. Reports of influenza-like illness and student absenteeism are elevated in certain areas. Seven influenza-associated hospitalizations (4 Type A, 2 Type B and 1 Unknown) have been reported to the UDOH as of present. This website will be updated every Wednesday by 1:00 PM.

As of 12/6/2006, no pediatric influenza-associated deaths has been reported in Utah for the current season.

National influenza surveillance data can be found at www.cdc.gov/flu. Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state.

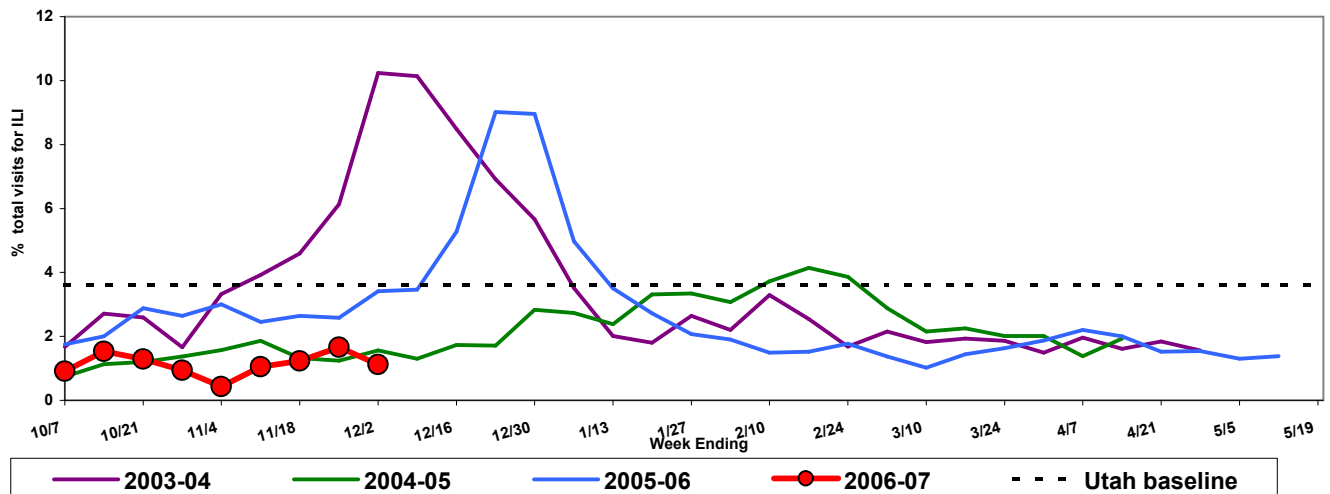
INFLUENZA PREVENTION

How to protect yourself and others:

1. Utahns should get an influenza vaccine.
**Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases
** Stay away from other people when you are sick
** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away
** Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures

Influenza Activity for Current Season and Past Three Seasons

Figure 1. Percentage of visits for influenza-like illness (ILI) reported by sentinel providers- Utah, 2006-2007 and previous three influenza seasons



Student Absenteeism by Week

Figure 2. Rates for absences due to all causes, sickness, and influenza-like illness (ILI)- Utah, 2006-2007 influenza season

